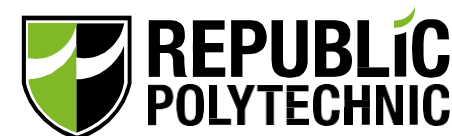


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Intermediate Sport Science Intake 1 – Schedule

Lessons	Date	Day	Time	Venue
Introduction to exercise and sport science	20 March 2023	Monday	7pm to 9pm	MS Teams
Sport physiology	22 March 2023	Wednesday	7pm to 10pm	RP ACE @ Woodlands
Anatomy and injury prevention	24 March 2023	Friday	7pm to 10pm	MS Teams
Sport biomechanics	27 March 2023	Monday	7pm to 10pm	RP ACE @ Woodlands
Sport psychology	29 March 2023	Wednesday	7pm to 10pm	MS Teams
Sport nutrition	31 March 2023	Friday	7pm to 9pm	MS Teams
Strength and conditioning	3 April 2023	Monday	7pm to 10pm	RP ACE @ Woodlands
Exams	Date	Day	Time	Venue
Theory Examination	10 April 2023	Monday	7pm – 8pm	RP ACE @ Woodlands
Theory Re-examination	17 April 2023	Monday	7pm – 8pm	RP ACE @ Woodlands
Portfolio Submission	2 May 2023	Tuesday	2359	Submission Online
Portfolio Re-Submission	15 May 2023	Monday	2359	Submission Online

Venue

RP ACE @ Woodlands : 9 Woodlands Avenue 9 Singapore 738964

NOTE

*Please note that re-exam and portfolio re-submission are chargeable at \$50.00 (before GST) each.

*all Information may be subject to changes.

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