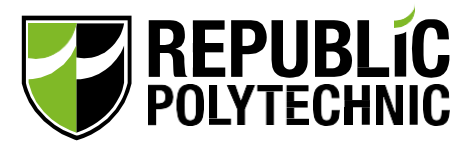


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Intermediate Sport Science Intake 3 – Schedule

| Lessons | Date | Day | Time | Venue |
|--|--------------|-----------|-------------|--------------------|
| Introduction to exercise and sport science | 24 May 2023 | Wednesday | 7pm to 9pm | MS Teams |
| Sport physiology | 26 May 2023 | Friday | 7pm to 10pm | RP ACE @ Woodlands |
| Anatomy and injury prevention | 27 May 2023 | Saturday | 9am to 11am | MS Teams |
| Sport biomechanics | 29 May 2023 | Monday | 7pm to 10pm | RP ACE @ Woodlands |
| Sport psychology | 31 May 2023 | Wednesday | 7pm to 10pm | MS Teams |
| Sport nutrition | 3 June 2023 | Saturday | 7pm to 9pm | MS Teams |
| Strength and conditioning | 5 June 2023 | Monday | 7pm to 10pm | RP ACE @ Woodlands |
| Exams | Date | Day | Time | Venue |
| Theory Examination | 12 June 2023 | Monday | 7pm – 8pm | RP ACE @ Woodlands |
| Theory Re-examination | 19 June 2023 | Monday | 7pm – 8pm | RP ACE @ Woodlands |
| Portfolio Submission | 3 July 2023 | Monday | 2359 | Submission Online |
| Portfolio Submission | 17 July 2023 | Monday | 2359 | Submission Online |

Venue

RP ACE @ Woodlands : 9 Woodlands Avenue 9 Singapore 738964

NOTE

*Please note that re-exam and portfolio re-submission are chargeable at \$50.00 (before GST) each.

*all Information may be subject to changes.

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