9 Woodlands Avenue 9, Singapore 738964 Tel: (65) 6510 3000 Fax: (65) 6415 1310

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Intermediate Sport Science Intake 4 – Schedule

Lessons	Date	Day	Time	Venue
Introduction to exercise and sport science	5 July 2023	Wednesday	7pm to 9pm	MS Teams
Sport physiology	7 July 2023	Friday	7pm to 10pm	RP ACE @ Woodlands
Anatomy and injury prevention	8 July 2023	Saturday	9am to 12pm	MS Teams
Sport biomechanics	10 July 2023	Monday	7pm to 10pm	RP ACE @ Woodlands
Sport psychology	12 July 2023	Wednesday	7pm to 10pm	MS Teams
Sport nutrition	14 July 2023	Friday	7pm to 9pm	MS Teams
Strength and conditioning	15 July 2023	Saturday	9am to 12pm	RP ACE @ Woodlands
Exams	Date	Day	Time	Venue
Theory Examination	24 July 2023	Monday	7pm – 8pm	RP ACE @ Woodlands
Theory Re-examination	31 July 2023	Monday	7pm – 8pm	RP ACE @ Woodlands
Portfolio Submission	7 August 2023	Monday	2359	Submission Online
Portfolio Submission	21 August 2023	Monday	2359	Submission Online

<u>Venue</u> RP ACE @ Woodlands : 9 Woodlands Avenue 9 Singapore 738964

NOTE

*Please note that re-exam and portfolio re-submission are chargeable at \$50.00 (before GST) each.

^{*}all Information may be subject to changes.

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