

Course Requirements and Exemptions (SG-Coach L1 Theory Programme w.e.f. July 2024)



If you have this certification...

Values & Principles in Sport (FROM Jan 2021*)

* Participants with VPS from Jan 2021 would have had done the following:

- 6-hour classroom session (3h Theory + 3h GFL Practical Session)
- Submitted their coaching philosophy & GFL sport-specific session plan

To note the following requirements:

Exempted from:

- VPS e-learning module
- VPS Classroom + Practical Session
- VPS Assignment: Coaching Philosophy & GFL Session Plan

To still **complete**:

- All theory assignments from other modules
 - For VPS Module: Submit VPS Certificate as assignment
- Pass SG-Coach Theory L1 MCQ Exam (80% passing mark)

If you have this certifications...

To note the following requirements:

1. Values & Principles in Sport (BEFORE Jan 2021)*
2. National Standards for Youth (NSYS) for Coaching in Singapore Schools*
3. Building Capacity of Coaches and Instructors (BCCI)*

No exemption from VPS classroom and practical sessions

To still **complete**:

- All e-learning Modules
- VPS Assignment: Coaching Philosophy & GFL Session Plan
- All theory assignments from other modules
- Pass SG-Coach Theory L1 MCQ Exam (80% passing mark)



**Participants who are NROC members can claim 1 CCE hour for complete Module 1 of the e-learning (Module 1) as a refresher / recap of knowledge.*