

**ARE YOU A *JOB SEEKER?*  
IMPROVE YOUR EMPLOYABILITY TODAY!**



***SGUnited Skills (SGUS) Programme***

***Community Care and Health***

# 5 THINGS

to know about

## **SGUnited Skills Programme in Community Care and Health**

### 1 What will I get out of this course?

This SGUS programme will train participants as non-clinical staff who can keep seniors physically and emotionally healthy in the community.

To provide effective community care, participants will learn about various gait and strengthening exercises to enhance the physical health of seniors, concepts of nutrition to manage chronic diseases commonly associated with seniors, as well as healthy behaviours to address the psychosocial needs of seniors.

In addition, they will be trained in effective communication skills by developing an understanding in their unique family and social dynamics.

#### Career Opportunities:

Care Coordinator for the Seniors

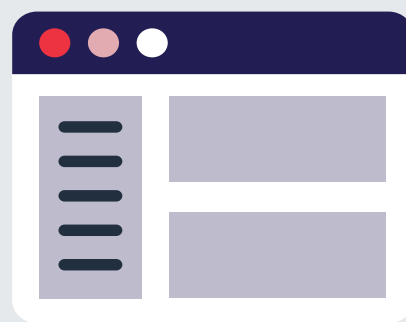
### 3 Where will the course be held?

Lessons will be conducted via online learning.



### 5 How much is the course fee?

Course fee for the six months programme is \$500. The programme is eligible for SkillsFuture Credit.



### 2 What modules will I be taking?

- Ageing Process & Promotion of Physical Health
- Holistic Assessment for Seniors
- Psychosocial Health and Nutrition for Seniors
- Prevention and Management of Falls and Frailty in Seniors
- Care for Seniors with Chronic Illnesses
- Multi-disciplinary and Multi-sectoral Care for Seniors
- Communication and Health Coaching
- Social and Family Dynamics

### 4 How often do I need to attend the course?

Course commences in October 2020, and will run for a total of six months.

Number of Lessons	Duration
Three times a week (Weekdays)	9:30am - 4:30pm

# **MORE REASONS TO SIGN UP FOR SGUNITED SKILLS PROGRAMME**



**Training allowance up  
to \$1,200/month**



**Flexibility to exit  
programme once a  
job is secured**



**Career advisory and  
employment  
assistance**

## ***Minimum Entry Requirements***

Applicants should possess one of the following combinations of qualification and work experience:

- Relevant Polytechnic Diploma;
- Relevant working experience;

For applicants who do not meet the MER, an interview will be conducted to assess applicants' qualification and working experience.

For more information, you may contact:  
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**APPLY NOW**

Information is accurate as of August 2020.