

SPECIALIST DIPLOMA IN HEALTHY AGEING & COMMUNITY CARE FOR SENIORS

PROGRAMME TYPE: Specialist Diploma + Work-Study Post-Diploma

VENUE: RP ACE @ Paya Lebar

This programme provides participants without a healthcare background with skills and knowledge to promote healthy ageing for seniors, and provide effective community care coordination. Upon completing the programme, you will be able to tailor appropriate exercises and encourage healthy behaviours for seniors to stay physically, emotionally, and mentally resilient.

For participants who opt for the Work-Study Post-Diploma (WSPostDip), you will enjoy additional benefits such as sign-on incentive with full-time employment, assigned company mentor, well-structured training, and career advancement opportunities.

Upon completion of the programme, you will be awarded a Specialist Diploma in Healthy Ageing & Community Care for Seniors.

COURSE STRUCTURE

2 POST-DIPLOMA CERTIFICATES (PDCs)

- **Healthy Ageing for Seniors**
 - i. Ageing Process and Promotion of Physical Health
 - ii. Holistic Assessment for Seniors
 - iii. Psychosocial Health and Nutrition for Seniors
- **Community Care for Seniors**
 - i. Prevention and Management of Falls and Frailty in Seniors
 - ii. Care for Seniors with Chronic Illnesses
 - iii. Multidisciplinary and Multisectoral Care for Seniors (including case management)

The programme includes self-learning hours in the form of e-learning, assessments, case studies, and revision.

CAREER OPPORTUNITIES

Caregiver | Centre Executive | Multi-skilled Therapy Assistants | Programme Executive



ENTRY REQUIREMENT

SPECIALIST DIPLOMA

Applicants should possess a local polytechnic diploma or higher qualifications of any discipline which offer module(s) in any of the following areas:

- Allied Health
- Health Promotion
- Humanities and Social Sciences
- Public Health
- Sports Coaching
- Sport Science

If you do not meet the entry requirements, you may be considered for admission to the course based on evidence of at least five years of relevant working experience or supporting evidence of competency readiness. For shortlisted applicants, you may have to go through an interview and/or entrance test.



Scan the QR Code
to find out more about the course

WSPOSTDIP

Applicants (Singapore Citizens or Permanent Residents) who want to pursue the course under WSPostDip must be either:

- Polytechnic graduates from relevant courses (within three years of their graduation date or completion of National Service) who are selected for hiring by WSPostDip-participating companies;
- OR
- Current employees who have graduated for more than three years but within five years from the date of graduation or completion of National Service

Admission will be reviewed and approved on a case-by-case basis.



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“ Through this programme, I have gained useful insights on the industry. I now better understand my strengths and weaknesses, enabling me to prepare for my next step forward and have the confidence to achieve my goals. ”

- Ms Syairah Binte Selamat, Graduate of Specialist Diploma in Healthy Ageing & Community Care for Seniors