

Proposed Course Schedule Professional Certificate in Wellness Therapy and Practices

Typical Schedule for Full day class

Lesson Number	Time	Duration	Mode of Training	Content
1	10.00 am to 2.00 pm	4 hours	Online (MS Teams)	Theory
2	10.00 am to 2.00 pm	4 hours	Online (MS Teams)	Theory
3	10.00 am to 2.00 pm	4 hours	Online (MS Teams)	Theory
4	10.00 am to 2.00 pm	4 hours	Online (MS Teams)	Theory
5	10.00 am to 6.00 pm	7 hours	Face-to-Face @ RP Republic Hospitality Centre (RHC)	Practical
6	10.00 am to 6.00 pm	7 hours	Face-to-Face @ RP Republic Hospitality Centre (RHC)	Practical
7	10.00 am to 6.00 pm	7 hours	Face-to-Face @ RP Republic Hospitality Centre (RHC)	Practical
8	10.00 am to 6.00 pm	7 hours	Face-to-Face @ RP Republic Hospitality Centre (RHC)	Practical
9	10.00 am to 2.00 pm	4 hours	Face-to-Face @ RP Republic Hospitality Centre (RHC)	Practical
10	10.00 am to 6.00 pm	7 hours	Face-to-Face @ RP Republic Hospitality Centre (RHC)	Theory Exams and Practical Class
11	9.00 am to 2.00 pm	5 hours	Face-to-Face @ RP Republic Hospitality Centre (RHC)	Practical Exams

* Spa lab is located at Republic Hospitality Centre, 9 Woodlands Ave 9, Republic Polytechnic.